<table>
<thead>
<tr>
<th>Category</th>
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<td>Enjoyment</td>
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<td>Other</td>
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Examples of Tasks for Care Connection Team Participants

Use the List of Activities, Tasks, Chores, Other Needs and Wants to decide what help is needed.

- Laundry
- General cleaning
- Pick up prescriptions
- Watch a movie
- Vacuum
- Wash the car
- Make phone calls
- Pick up dry cleaning
- Transportation to appointments
- Stay with person so caregiver can go for a manicure, massage, lunch, etc.
- Go to the park, the beach, a play, a sports event, etc. with the person with ALS

Now brainstorm choices based on the needs of your caregiver and the person with ALS.

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